Results for VOTWO Salty Sea Dog Triathlon 10 July 2021 on 10-Jul-2021

Sprint

| Pos | Name | Category | Time | Start | 1 Swim | 2 Transition | 3 Bike | 4 Tranistion | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Ted Ward Team 9 Endurance | M16-19 | 01:10:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:10:11 (1st) } \\ & \underline{00: 10: 11(1 s t) . ~} \end{aligned}$ | $\frac{\mathbf{0 0 : 1 1 : 0 7 ~ ( 1 s t ) ~}}{\text { 00:00:56 (2nd) }}$ | $\frac{\mathbf{0 0 : 5 1 : 4 5}(\mathbf{1 s t})}{00: 40: 38(6 \mathrm{th})}$ | $\frac{\mathbf{0 0 : 5 2 : 2 2}}{\text { (1st) }}$ | $\frac{01: 10: 46 \text { (1st) }}{00: 18: 24 \text { (2nd) }}$ |
| 2nd | James Turner <br> Vicerorys triathlon club | M45-49 | 01:14:23 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 12: 04 \text { (5th }=) \\ & 00: 12: 04 \text { (5th }=) \end{aligned}$ | $\begin{aligned} & \text { 00:13:08 (3rd) } \\ & \text { 00:01:04 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:16 (2nd) } \\ & \text { 00:40:08 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:44 (2nd) } \\ & 00: 00: 28 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:23 (2nd) } \\ & \text { 00:20:39 (16th) } \end{aligned}$ |
| 3rd | David Hannaford 9Endurance | M40-44 | 01:15:26 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 13: 08 \text { (15th) } \\ & 00: 13: 08 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:14 (11th) } \\ & 00: 01: 06 \text { (7th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:54:27 (3rd) } \\ & 00: 40: 13 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:17 (3rd) } \\ & 00: 00: 50(32 \mathrm{nd}=) \end{aligned}$ | $\begin{aligned} & \text { 01:15:26 (3rd) } \\ & \text { 00:20:09 (9th) } \end{aligned}$ |
| 4th | Innes Wright Serpentine | M55-59 | 01:16:42 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:12:04 (5th=) } \\ & 00: 12: 04 \text { (5th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:39 (7th) } \\ & 00: 01: 35 \text { (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:23 (5th) } \\ & 00: 41: 44 \text { (9th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:34 (5th) } \\ & \text { 00:01:11 (56th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:42 (4th) } \\ & \text { 00:20:08 (8th) } \end{aligned}$ |
| 5th | Adam Isaac | M40-44 | 01:16:53 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:15:03 (36th) } \\ & 00: 15: 03 \text { (36th) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:23 (28th) } \\ & \text { 00:01:20 (10th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:23 (8th) } \\ & 00: 40: 00 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:18 (8th) } \\ & \text { 00:00:55 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:53 (5th) } \\ & 00: 19: 35 \text { (4th) } \end{aligned}$ |
| 6th | Lous Verdi | M35-39 | 01:16:57 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:12:31 (9th) } \\ & \text { 00:12:31 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:01 (9th) } \\ & \text { 00:01:30 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:07 (6th=) } \\ & \text { 00:42:06 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:40 (6th) } \\ & 00: 00: 33 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:57 (6th) } \\ & \text { 00:20:17 (11th) } \end{aligned}$ |
| 7th | Matt Nabney 9 Endurance | M30-34 | 01:17:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:13:25 (19th) } \\ & 00: 13: 25 \text { (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:57 (15th) } \\ & 00: 01: 32 \text { (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:07 (6th=) } \\ & \text { 00:41:10 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:01 (7th) } \\ & \text { 00:00:54 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:13 (7th) } \\ & 00: 20: 12 \text { (10th) } \end{aligned}$ |
| 8th | Aidan Dure-Smith 9 Endurance | M16-19 | 01:17:18 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 11: 50(4 \mathrm{th}) \\ & 00: 11: 50 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:12:52 (2nd) } \\ & \text { 00:01:02 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:38 (13th) } \\ & \text { 00:45:46 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:30 (14th) } \\ & 00: 00: 52 \text { (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:18 (8th) } \\ & \underline{00: 17: 48 ~(1 s t) ~} \end{aligned}$ |
| 9th | Ben Jenkins | M-40-4 | 01:17:19 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:14:33 (30th) } \\ & 00: 14: 33 \text { (30th) } \end{aligned}$ | $\begin{aligned} & \text { 00:15:58 (22nd) } \\ & \text { 00:01:25 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:56:27 (9th) } \\ & \text { 00:40:29 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:32 (9th) } \\ & 00: 01: 05 \text { (46th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:19 (9th) } \\ & \text { 00:19:47 (5th) } \end{aligned}$ |
| 10th | Sam Stewart | M30-34 | 01:17:53 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:12:20 (7th) } \\ & \text { 00:12:20 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:15 (4th) } \\ & \underline{00: 00: 55 ~(1 s t) ~} \end{aligned}$ | $\begin{aligned} & \text { 00:56:58 (10th) } \\ & 00: 43: 43 \text { (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:57:35 (10th) } \\ & \text { 00:00:37 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:53 (10th) } \\ & \text { 00:20:18 (12th) } \end{aligned}$ |
| 11th | Christian Scaccianoce Zoom Tri | M40-44 | 01:19:27 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 15: 22(44 \mathrm{th}=) \\ & 00: 15: 22 \text { (44th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:16 (40th) } \\ & \text { 00:01:54 (33rd) } \end{aligned}$ |  | 00:59:04 | $\begin{aligned} & \text { 01:19:27 } \\ & \text { 00:20:23 (13th) } \end{aligned}$ |
| 12th | Ursula Nealon Lymington athletes | F16-19 | 01:19:34 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 13: 15 \text { (17th) } \\ & 00: 13: 15 \text { (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:15 (12th) } \\ & 00: 01: 00 \text { (4th) } \end{aligned}$ | $\begin{aligned} & 00: 57: 30 \text { (11th) } \\ & 00: 43: 15 \text { (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:02 (11th) } \\ & 00: 00: 32 \text { (9th=) } \end{aligned}$ | $\begin{aligned} & 01: 19: 34(11 \text { th }) \\ & 00: 21: 32(22 \mathrm{nd}=) \end{aligned}$ |
| 13th | John Heaver | M35-39 | 01:19:39 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:13:55 (22nd) } \\ & \text { 00:13:55 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:15:16 (18th) } \\ & \text { 00:01:21 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:45 (19th) } \\ & \text { 00:44:29 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:23 (18th) } \\ & \text { 00:00:38 (22nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:39 (12th) } \\ & \text { 00:19:16 (3rd) } \end{aligned}$ |
| 14th | Sean Ward Team 9 Endurance | M50-54 | 01:20:01 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:15:16 (43rd) } \\ & 00: 15: 16 \text { (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:13 (26th) } \\ & \text { 00:00:57 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:50 (15th) } \\ & 00: 42: 37 \text { (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:29 (13th) } \\ & 00: 00: 39 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:01 (13th) } \\ & \text { 00:20:32 (14th) } \end{aligned}$ |
| 15th | david Furze | M40-44 | 01:20:28 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 14: 00(23 \mathrm{rd}=) \\ & 00: 14: 00(23 \mathrm{rd}=) \end{aligned}$ | $\begin{aligned} & \text { 00:15:42 (20th) } \\ & \text { 00:01:42 (25th=) } \end{aligned}$ | $\begin{aligned} & 00: 59: 10 \text { (17th) } \\ & 00: 43: 28 \text { (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:24 (19th) } \\ & \text { 00:01:14 (60th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:28 (14th) } \\ & \text { 00:20:04 (7th) } \end{aligned}$ |
| 16th | Warrick Schmidt | M30-34 | 01:20:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:11:27 (3rd) } \\ & 00: 11: 27 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:20 (5th) } \\ & 00: 01: 53(30 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 00:59:31 (18th) } \\ & 00: 46: 11 \text { (35th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:51 (16th) } \\ & \underline{00: 00: 20(1 s t)} \end{aligned}$ | $\begin{aligned} & \text { 01:20:29 (15th) } \\ & 00: 20: 38 \text { (15th) } \end{aligned}$ |
| 17th | Sebastian Wood Zoom | M40-44 | 01:20:40 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:15:12 (39th=) } \\ & 00: 15: 12(39 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 00:17:17 (41st) } \\ & \text { 00:02:05 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:33 (12th) } \\ & 00: 41: 16 \text { (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:08 (12th) } \\ & \text { 00:00:35 (13th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:40 (16th) } \\ & \text { 00:21:32 (22nd=) } \end{aligned}$ |
| 18th | Nicholas Parker | M45-49 | 01:21:35 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 14: 02 \text { (25th) } \\ & 00: 14: 02 \text { (25th) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:10 (25th) } \\ & \text { 00:02:08 (45th) } \end{aligned}$ | $\begin{aligned} & 00: 58: 48 \text { (14th) } \\ & 00: 42: 38 \text { (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:44 (15th) } \\ & \text { 00:00:56 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:35 (17th) } \\ & 00: 21: 51 \text { (28th) } \end{aligned}$ |
| 19th | Chris Matley | M35-39 | 01:22:04 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:15:59 (52nd) } \\ & \text { 00:15:59 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:49 (44th) } \\ & 00: 01: 50(27 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 01:00:07 (22nd) } \\ & \text { 00:42:18 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:19 (21st) } \\ & \text { 00:01:12 (58th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:04 (18th) } \\ & \text { 00:20:45 (17th) } \end{aligned}$ |
| 20th | Killian O'Kane | M20-24 | 01:22:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:15:10 (38th) } \\ & 00: 15: 10 \text { (38th) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:43 (31st) } \\ & \text { 00:01:33 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:31 (23rd) } \\ & 00: 43: 48 \text { (20th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:39 (23rd) } \\ & \text { 00:01:08 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:28 (19th) } \\ & \text { 00:20:49 (18th) } \end{aligned}$ |
| 21st | Emmerson Elliot | M35-39 | 01:23:51 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 14: 59 \text { (34th) } \\ & 00: 14: 59 \text { (34th) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:05 (35th) } \\ & \text { 00:02:06 (41st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:04 (33rd) } \\ & 00: 45: 59 \text { (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:57 (34th) } \\ & \text { 00:00:53 (36th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:51 (20th) } \\ & \text { 00:19:54 (6th) } \end{aligned}$ |
| 22nd | Victoria Crathorne-Schoeps | F20-24 | 01:23:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 18: 46(77 \mathrm{th}=) \\ & 00: 18: 46(77 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 00:21:41 (77th) } \\ & 00: 02: 55 \text { (67th) } \end{aligned}$ | $\begin{aligned} & \text { 00:55:03 (4th) } \\ & \underline{00: 33: 22 ~(1 s t) ~} \end{aligned}$ | $\begin{aligned} & \text { 00:55:39 (4th) } \\ & 00: 00: 36 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:58 (21st) } \\ & \text { 00:28:19 (83rd) } \end{aligned}$ |
| 23rd | Dave Nealon | M55-59 | 01:24:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 15: 40 \text { (46th) } \\ & 00: 15: 40 \text { (46th) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:09 (37th) } \\ & 00: 01: 29 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:57 (25th) } \\ & \text { 00:43:48 (20th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:26 (22nd) } \\ & \text { 00:00:29 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:19 (22nd) } \\ & \text { 00:22:53 (43rd) } \end{aligned}$ |
| 24th | David Bourne | M55-59 | 01:24:30 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 13: 53 \text { (21st) } \\ & 00: 13: 53 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:15:13 (17th) } \\ & \text { 00:01:20 (10th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:02 (26th) } \\ & 00: 45: 49 \text { (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:44 (25th) } \\ & \text { 00:00:42 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:30 (23rd) } \\ & \text { 00:22:46 (42nd) } \end{aligned}$ |
| 25th | Matty Waine | M20-24 | 01:24:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 15: 45 \text { (47th) } \\ & 00: 15: 45 \text { (47th) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:51 (45th) } \\ & 00: 02: 06(41 \mathrm{st}=) \end{aligned}$ | $\begin{aligned} & \text { 01:01:36 (27th) } \\ & 00: 43: 45 \text { (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:52 (28th) } \\ & \text { 00:01:16 (62nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:33 (24th) } \\ & 00: 21: 41 \text { (26th) } \end{aligned}$ |
| 26th | Tom Garfield | M40-44 | 01:24:34 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:14:21 (29th) } \\ & 00: 14: 21 \text { (29th) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:02 (23rd) } \\ & \text { 00:01:41 (23rd=) } \end{aligned}$ | $\begin{aligned} & 00: 59: 07 \text { (16th) } \\ & 00: 43: 05 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:22 (17th) } \\ & \text { 00:01:15 (61st) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:34 (25th) } \\ & 00: 24: 12 \text { (53rd) } \end{aligned}$ |
| 27th | Martin Duncan | M35-39 | 01:25:04 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 13: 02 \text { (14th) } \\ & 00: 13: 02 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:15:05 (16th) } \\ & \text { 00:02:03 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:55 (24th) } \\ & \text { 00:45:50 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:30 (26th) } \\ & \text { 00:01:35 (79th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:04 (26th) } \\ & 00: 22: 34 \text { (37th) } \end{aligned}$ |
| 28th | Tim Matthews | M45-49 | 01:25:14 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:15:49 (50th) } \\ & 00: 15: 49 \text { (50th) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:15 (39th) } \\ & 00: 01: 26 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:42 (28th) } \\ & \text { 00:44:27 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:37 (27th) } \\ & \text { 00:00:55 (40th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:14 (27th) } \\ & 00: 22: 37 \text { (38th) } \end{aligned}$ |
| 29th | Craig Marsh | M50-54 | 01:25:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 12: 35 \text { (11th) } \\ & 00: 12: 35 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:05 (10th) } \\ & \text { 00:01:30 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:16 (31st) } \\ & 00: 48: 11 \text { (47th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:10 (29th) } \\ & \text { 00:00:54 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:18 (28th) } \\ & \text { 00:22:08 (31st=) } \end{aligned}$ |
| 30th | David West <br> Hampshire Police Tri | M45-49 | 01:25:20 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 16: 26 \text { (54th) } \\ & 00: 16: 26 \text { (54th) } \end{aligned}$ | $\begin{aligned} & \text { 00:18:28 (51st) } \\ & 00: 02: 02 \text { (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:09 (34th) } \\ & 00: 44: 41 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:46 (33rd) } \\ & \text { 00:00:37 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:20 (29th) } \\ & \text { 00:21:34 (24th=) } \end{aligned}$ |
| 31st | Chris Absolom Pgsecurity.co.uk | M60-64 | 01:26:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:14:53 (33rd) } \\ & 00: 14: 53 \text { (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:16:56 (33rd) } \\ & \text { 00:02:03 (38th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:05 (21st) } \\ & 00: 43: 09 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:13 (20th) } \\ & \text { 00:01:08 (50th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:16 (30th) } \\ & \text { 00:25:03 (62nd) } \end{aligned}$ |
| 32nd | Johnathan Marsden Southampton Triathlon Club | M40-44 | 01:26:53 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:16:10 (53rd) } \\ & 00: 16: 10 \text { ( } 53 \mathrm{rd} \text { ) } \end{aligned}$ | $\begin{aligned} & \text { 00:19:39 (59th) } \\ & \text { 00:03:29 (78th) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:22 (39th) } \\ & 00: 44: 43 \text { (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:48 (40th) } \\ & \text { 00:01:26 (72nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:53 (31st) } \\ & 00: 21: 05 \text { (20th) } \end{aligned}$ |
| 33rd | Ian Smith Lymington Triathlon | M55-59 | 01:26:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:12:58 (12th) } \\ & 00: 12: 58 \text { (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:40 (13th) } \\ & \text { 00:01:42 (25th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:52 (32nd) } \\ & \text { 00:48:12 (48th=) } \end{aligned}$ | $\begin{aligned} & 01: 03: 27(31 \mathrm{st}=) \\ & 00: 00: 35(13 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 01:26:59 (32nd) } \\ & 00: 23: 32 \text { ( } 47 \mathrm{th}=) \end{aligned}$ |
| 34th= | Philip Andrews | M45-49 | 01:27:12 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 16: 35 \text { (55th) } \\ & 00: 16: 35 \text { (55th) } \end{aligned}$ | $\begin{aligned} & \text { 00:18:25 (49th) } \\ & 00: 01: 50(27 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 01:04:13 (38th) } \\ & 00: 45: 48 \text { (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:38 (39th) } \\ & \text { 00:01:25 (71st) } \end{aligned}$ | $\begin{aligned} & 01: 27: 12(33 \mathrm{rd}=) \\ & 00: 21: 34(24 \mathrm{th}=) \end{aligned}$ |
| 34th= | Paige Critchley | F25-29 | 01:27:12 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:13:01 (13th) } \\ & 00: 13: 01 \text { (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:15:48 (21st) } \\ & 00: 02: 47 \text { (64th) } \end{aligned}$ | $\begin{aligned} & \text { 01:02:09 (29th) } \\ & \text { 00:46:21 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:27 (31st=) } \\ & \text { 00:01:18 (65th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:12 (33rd=) } \\ & 00: 23: 45 \text { (49th) } \end{aligned}$ |
| 36th | Rob Cousins | M50-54 | 01:27:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:12:21 (8th) } \\ & \text { 00:12:21 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:53 (14th) } \\ & 00: 02: 32 \text { (57th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:34 (36th) } \\ & \text { 00:48:41 (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:06 (35th) } \\ & \text { 00:00:32 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:29 (35th) } \\ & 00: 23: 23 \text { (44th) } \end{aligned}$ |
| 37th | Nick Duncan | M45-49 | 01:27:42 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:15:15 (41st=) } \\ & 00: 15: 15(41 \mathrm{st}=) \end{aligned}$ | $\begin{aligned} & \text { 00:16:53 (32nd) } \\ & \text { 00:01:38 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:25 (35th) } \\ & \text { 00:46:32 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:04:10 (36th) } \\ & \text { 00:00:45 (27th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:42 (36th) } \\ & \text { 00:23:32 (47th=) } \end{aligned}$ |
| 38th | Ian Leslie Hillingdon Triathletes | M60-64 | 01:28:26 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:16:53 (60th) } \\ & 00: 16: 53 \text { (60th) } \end{aligned}$ | $\begin{aligned} & \text { 00:18:34 (53rd) } \\ & \text { 00:01:41 (23rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:05:40 (42nd) } \\ & \text { 00:47:06 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:06:25 (41st) } \\ & 00: 00: 45(27 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 01:28:26 (37th) } \\ & 00: 22: 01 \text { (29th) } \end{aligned}$ |
| 39th | Nick Earl | M50-54 | 01:29:16 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:11:15 (2nd) } \\ & \text { 00:11:15 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:28 (6th) } \\ & \text { 00:02:13 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:46 (20th) } \\ & \text { 00:46:18 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:41 (24th) } \\ & \text { 00:01:55 (86th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:16 (38th) } \\ & 00: 27: 35 \text { (81st) } \end{aligned}$ |
| 40th | Darryl Kilgannon | M35-39 | 01:29:23 | 00:00:00 | 00:16:50 (59th) | 00:19:50 (62nd) | 01:06:24 (47th) | 01:07:02 (44th) | 01:29:23 (39th) |



84th= Meg Thomas

Results for VOTWO Salty Sea Dog Triathlon 10 July 2021 on 10-Jul-2021
00:00:00 00:16:50 (59th) 00:03:00 (69th=) 00:46:34 (39th)
M16-19 01:29:26 00:00:00 00:12:34 (10th) 00:13:53 (8th) 00:00:00 00:12:34 (10th) 00:01:19 (9th)
M35-39 01:29:31 00:00:00 00:19:34 (83rd) 00:00:00 00:19:34 (83rd)
M45-49 01:29:51 00:00:00 00:17:11 (64th) 00:00:00 00:17:11 (64th)

M35-39 01:30:21 00:00:00 00:15:06 (37th) 00:00:00 00:15:06 (37th)
M25-29 01:30:39 00:00:00 00:20:22 (90th) 00:00:00 00:20:22 (90th)
M30-34 01:31:01 00:00:00 00:15:01 (35th) 00:00:00 00:15:01 (35th) M55-59 01:31:01 00:00:00 00:15:15 (41st=) 00:17:29 (43rd) 00:00:00 00:15:15 (41st=) 00:02:14 (48th) M30-34 01:31:37 00:00:00 00:17:13 (65th) 00:19:09 (57th) 00:00:00 00:17:13 (65th) 00:01:56 (34th) M35-39 01:32:04 00:00:00 00:18:53 (79th=) 00:22:41 (83rd) 00:00:00 00:18:53 (79th=) 00:03:48 (88th) F45-49 01:32:05 00:00:00 00:14:40 (31st) 00:16:32 (29th) 00:00:00 00:14:40 (31st) 00:01:52 (29th)
M35-39 01:32:18 00:00:00 00:16:59 (62nd) 00:19:29 (58th) 00:00:00 00:16:59 (62nd) 00:02:30 (54th=)

M45-49 01:32:19 00:00:00 00:14:11 (26th) 00:16:21 (27th) 00:00:00 00:14:11 (26th) 00:02:10 (46th)
M50-54 01:32:36 00:00:00 00:14:44 (32nd) 00:16:37 (30th) 00:00:00 00:14:44 (32nd) 00:01:53 (30th=)
M30-34 01:32:54 00:00:00 00:15:56 (51st) 00:00:00 00:15:56 (51st)
M35-39 01:33:10 00:00:00 00:15:46 (48th) 00:18:50 (54th) 00:00:00 00:15:46 (48th) 00:03:04 (72nd)
M-25-2 01:34:06 00:00 00:19:24 (82nd) 00:00:00 00:19:24 (82nd) 00:00:00 00:22:57 (94th) 00:24:03 (89th) $\begin{array}{lllll}\text { F25-29 } & 01: 34: 46 & 00: 00: 00 & 00: 22: 57 & \text { (94th) }\end{array} 000: 24: 03$ (89th) M35-39 01:34:51 00:00:00 00:15:22 (44th=) 00:18:00 (47th) 00:00:00 00:15:22 (44th=) 00:02:38 (61st) M55-59 01:35:01 00:00:00 00:17:06 (63rd) 00:19:48 (61st) 00:00:00 00:17:06 (63rd) 00:02:42 (63rd) M25-29 01:35:43 00:00:00 00:18:35 (75th) 00:20:59 (68th) 00:00:00 00:18:35 (75th) 00:02:24 (52nd)
F50-54 01:35:49 $00: 00: 00$ 00:14:12 (27th=) 00:16:09 (24th) 00:00:00 00:14:12 (27th=) 00:01:57 (35th) M40-44 01:35:56 00:00:00 00:18:53 (79th=) 00:21:09 (70th) 00:00:00 00:18:53 (79th=) 00:02:16 (50th)
M35-39 01:35:57 00:00:00 00:14:12 (27th=) 00:18:30 (52nd) 00:00:00 00:14:12 (27th=) 00:04:18 (91st)
F45-49 01:36:13 00:00:00 00:16:55 (61st) 00:19:01 (55th) 00:00:00 00:16:55 (61st) 00:02:06 (41st=) F50-54 01:36:19 00:00:00 00:14:00 (23rd=) 00:15:37 (19th) 00:00:00 00:14:00 (23rd=) 00:01:37 (21st)
M50-54 01:36:41 00:00:00 00:16:38 (56th) 00:19:08 (56th) 00:00:00 00:16:38 (56th) 00:02:30 (54th=) M30-34 01:36:57 00:00:00 00:13:24 (18th) 00:17:10 (38th) 00:00:00 00:13:24 (18th)
M35-39 01:36:57 00:00:00 00:18:42 (76th) 00:00:00 00:18:42 (76th)
M45-49 01:37:04 00:00:00 00:17:43 (69th) 00:00:00 00:17:43 (69th) M35-39 01:38:11 00:00:00 00:15:48 (49th) 00:00:00 00:15:48 (49th)
M30-34 01:39:05 00:00:00 00:20:43 (91st) 00:00:00 00:20:43 (91st) M60-64 01:39:42 00:00:00 00:20:15 (88th) 00:00:00 00:20:15 (88th) M45-49 01:39:47 00:00:00 00:13:31 (20th) 00:00:00 00:13:31 (20th)
M50-54 01:41:02 00:15:12 (39th=) 00:17:18 (42nd) 00:00:00 00:15:12 (39th=) 00:02:06 (41st=) M40-44 01:41:18 00:00:00 00:17:42 (68th) 00:21:17 (72nd= 00:00:00 00:17:42 (68th)
M40-44 01:41:30 00:00:00 00:18:28 (73rd=) 00:21:28 (75th) 00:00:00 00:18:28 (73rd=) 00:03:00 (69th=) M40-44 01:41:32 00:00:00 00:17:17 (66th) 00:21:03 (69th) 00:00:00 00:17:17 (66th) 00:03:46 (86th=) M60-65 01:41:33 00:00:00 00:22:56 (93rd) 00:25:25 (93rd) 00:00:00 00:22:56 (93rd) 00:02:29 (53rd) M30-34 01:42:59 00:00:00 00:18:28 (73rd=) 00:22:05 (79th) 00:00:00 00:18:28 (73rd=) 00:03:37 (82nd=) F40-44 01:44:13 00:00:00 00:20:50 (92nd) 00:24:14 (90th) 00:00:00 00:20:50 (92nd) -00:03:24 (77th) M30-34 01:45:29 00:00:00 00:18:46 (77th=) 00:21:19 (74th) 00:00:00 00:18:46 (77th=) 00:02:33 (58th) F30-34 01:46:26 00:00:00 00:16:45 (58th) 00:20:29 (64th 00:00:00 00:16:45 (58th) 00:03:44 (84th) M55-59 01:46:32 00:00:00 00:18:12 (72nd) 00:22:03 (78th) 00:00:00 00:18:12 (72nd) 00:03:51 (89th F20-24 01:47:21 00:00:00 00:20:01 (86th) 00:23:10 (85th) 00:00:00 00:20:01 (86th) 00:03:09 (74th) F25-29 01:47:21 00:00:00 00:20:19 (89th) 00:26:25 (94th) 00:00:00 00:20:19 (89th) 00:06:06 (95th)

01:03:50 (37th) 00:49:57 (64th) 01:06:35 (48th) 00:45:00 (26th) 01:05:41 (43rd) 00:45:11 (27th) 01:05:11 (41st) 00:48:12 (48th=) 01:08:38 (58th) 00:45:54 (33rd)
01:07:36 (53rd) 00:49:42 (59th)
01:04:58 (40th) 00:47:29 (42nd)
01:08:23 (56th)
00:49:14 (56th)
01:07:57 (55th)
00:45:16 (28th)
01:06:22 (46th)
00:49:50 (62nd=
01:07:35 (52nd) 1:07:35 (52nd)
$00: 48: 06$ (45th=)

01:08:46 (59th)
00:52:25 (75th)
01:06:15 (45th)
00:49:38 (58th)
01:07:31 (51st)
00:49:04 (55th)
01:07:23 (50th)
00:48:33 (51st)
01:11:03 (66th)
00:48:51 (54th)
01:11:59 (73rd)
00:47:56 (44th)
01:06:06 (44th)
00:48:06 (45th=)
01:09:54 (63rd)
00:50:06 (66th)
01:11:18 (69th)
00:50:19 (67th)
01:07:47 (54th)
00:51:38 (70th)
01:10:56 (65th)
00:49:47 (60th=
01:09:12 (61st)
00:50:42 (68th)
01:11:09 (68th)
00:52:08 (74th)
01:02:12 (30th)
00:46:35 (40th)
01:08:24 (57th)
00:49:16 (57th)
01:09:09 (60th)
00:51:59 (72nd)
01:10:05 (64th)
00:48:48 (53rd)
01:13:49 (74th)
00:53:04 (78th)
01:11:51 (71st)
00:53:29 (81st)
01:14:29 (78th) 00:50:01 (65th) 01:11:32 (70th) 00:47:45 (43rd)
01:06:58 (49th) 00:49:50 (62nd= 01:09:20 (62nd) 00:52:02 (73rd) 01:11:04 (67th) 00:49:47 (60th=)
01:14:35 (79th)
00:53:07 (79th)
01:11:55 (72nd) 00:50:52 (69th)
01:13:52 (75th)
00:48:27 (50th)
01:14:03 (76th) 00:51:58 (71st) 01:18:44 (85th) 00:54:30 (83rd) 01:14:20 (77th) 00:53:01 (77th) 01:18:16 (84th) 00:57:47 (89th) 01:17:34 (82nd) 00:55:31 (84th) 01:20:51 (89th) 00:57:41 (88th) 01:19:22 (88th) 00:52:57 (76th)

00:00:38 (22nd=) 00:22:21 (34th) 01:04:43 (37th) 01:29:26 (40th) 00:00:53 (36th=) 00:24:43 (60th) 01:07:43 (46th=) 01:29:31 (41st) 00:01:08 (50th=) 00:21:48 (27th) 01:07:18 (45th) 01:29:51 (42nd) 00:01:37 (81st) 00:22:33 (36th) 01:06:27 (42nd) 01:30:21 (43rd) 00:01:16 (62nd=) 00:23:54 (51st) 01:09:44 (55th) 01:30:39 (44th) 00:01:06 (47th=) 00:20:55 (19th) 01:09:54 (56th=) 01:31:01 (45th= 00:02:18 (89th) 00:21:07 (21st) 01:05:32 (38th) 01:31:01 (45th=) 00:00:34 (12th) 00:25:29 (64th) 01:08:54 (53rd) 01:31:37 (47th) 00:00:31 (7th=) 00:22:43 (40th) 01:09:26 (54th) 01:32:04 (48th) 00:01:29 (74th) 00:22:38 (39th) 01:07:43 (46th=) 01:32:05 (49th) 00:01:21 (66th) 00:24:22 (55th) 01:10:10 (59th) 01:32:18 (50th) 00:02:35 (91st) 00:22:08 (31st=) 01:09:55 (58th) 01:32:19 (51st) 00:01:09 (53rd=) 00:22:24 (35th) 01:06:39 (43rd) 01:32:36 (52nd) 00:00:24 (2nd) 00:25:57 (69th) 01:08:20 (48th) 01:32:54 (53rd) 00:00:49 (29th=) 00:24:34 (56th=) 01:08:35 (50th) 01:33:10 (54th) 00:01:12 (58th=) 00:24:35 (58th) 01:11:52 (66th) 01:34:06 (55th) 00:00:49 (29th=) 00:22:14 (33rd) 01:12:39 (70th) 01:34:46 (56th) 00:00:40 (25th) 00:22:07 (30th) 01:08:48 (52nd) 01:34:51 (57th) 00:02:42 (93rd=) 00:26:03 (70th) 01:11:10 (63rd) 01:35:01 (58th) 00:01:16 (62nd=) 00:23:51 (50th) 01:12:18 (67th) 01:35:43 (59th) 00:01:00 (44th) 00:23:25 (45th=) 01:08:45 (51st) 01:35:49 (60th) 00:00:58 (43rd) 00:27:04 (78th) 01:12:31 (69th) 01:35:56 (61st) 00:01:35 (79th=) 00:23:25 (45th=) 01:10:45 (62nd) 01:35:57 (62nd) 00:01:33 (77th=) 00:25:12 (63rd) 01:11:39 (65th) 01:36:13 (63rd) 00:00:30 (5th=) 00:24:34 (56th=) 01:03:13 (30th) 01:36:19 (64th) 00:01:01 (45th) 00:33:06 (94th) 01:09:54 (56th=) 01:36:41 (65th) 00:01:30 (75th) 00:26:47 (73rd) 01:10:31 (60th) 01:36:57 (66th=) 00:01:22 (67th) 00:26:26 (72nd) 01:11:15 $(64 \mathrm{th}) \quad 01: 36: 57(66 \mathrm{th}=)$ 00:01:10 (55th) 00:25:42 (66th) 01:14:20 (73rd) 01:37:04 (68th) 00:00:31 (7th=) 00:22:44 (41st) 01:13:58 (72nd) 01:38:11 (69th) 00:02:07 (88th) 00:24:13 (54th) 01:15:06 (75th) 01:39:05 (70th) 00:00:37 (16th=) 00:23:59 (52nd) 01:12:43 (71st) 01:39:42 (71st) 00:01:11 (56th=) 00:26:59 (76th) 01:08:21 (49th) 01:39:47 (72nd) 00:01:23 (68th) 00:31:26 (93rd) 01:10:44 (61st) 01:41:02 (73rd) 00:01:24 (69th=) 00:30:18 (92nd) 01:12:30 (68th) 01:41:18 (74th) 00:01:26 (72nd=) 00:28:48 (85th) 01:15:41 (77th) 01:41:30 (75th) 00:01:06 ( $47 \mathrm{th}=) \quad 00: 25: 49$ ( 67 th ) 01:14:31 (74th) 01:41:32 (76th) 00:02:36 (92nd) 00:27:01 (77th) 01:15:37 (76th) 01:41:33 (77th) 00:01:45 (84th) 00:25:56 (68th) 01:15:47 (78th) 01:42:59 (78th) 00:01:44 (83rd) 00:27:12 (79th) 01:19:34 (84th) 01:44:13 (79th) 00:00:50 (32nd=) 00:24:39 (59th) 01:15:51 (79th) 01:45:29 (80th) 00:01:31 (76th) 00:29:38 (89th) 01:20:13 (85th) 01:46:26 (81st) 00:01:57 (87th) 00:26:13 (71st) 01:19:07 (83rd) 01:46:32 (82nd) 00:01:33 (77th=) 00:27:25 (80th) 01:22:31 (89th) 01:47:21 (83rd=) 00:01:40 (82nd) 00:24:50 (61st) 01:20:28 (86th) 01:47:21 (83rd=) 00:01:06 (47th=) 00:26:53 (74th)

15/07/2021

| 86th | Mark Heath |
| :--- | :--- |
| 87th | Luke Stone <br> Brokeback Riders |
| 88th | Emma Wood |
| 89th | Nick Strong <br> Southampton Tri Club <br> Iveta Burian |
| 90 th | Ruth Wharton |
| 91 st | Ray Kirby |
| 93 nd | Rebecca Kidd |
| 94 th | Danny Gillard |
| 95 th | Paul McDowell |
| 96th | Ann Kinahan <br> Serpentine |

Results for VOTWO Salty Sea Dog Triathlon 10 July 2021 on 10-Jul-2021

| M60-64 | 01:47:25 | 00:00:00 | 00:18:01 (70th) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 00:00:00 | 00:18:01 (70th) | 00:03:15 (75th) | 00:56:38 (86th) | 00:00:51 (34th) | 00:28:40 (84th) |
| M30-34 | 01:47:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:16:43 (57th) } \\ & 00: 16: 43 \text { (57th) } \end{aligned}$ | 00:19:42 (60th) 00:02:59 (68th) | 01:17:14 (81st) 00:57:32 (87th) | $\begin{aligned} & \text { 01:18:38 (81st) } \\ & 00: 01: 24 \text { (69th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:58 (86th) } \\ & \text { 00:29:20 (87th) } \end{aligned}$ |
| F40-44 | 01:48:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:20:00 (85th) } \\ & \text { 00:20:00 (85th) } \end{aligned}$ | 00:22:15 (81st) 00:02:15 (49th) | 01:16:37 (80th) 00:54:22 (82nd) | $\begin{aligned} & \text { 01:17:46 (80th) } \\ & \text { 00:01:09 (53rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:01 (87th) } \\ & \text { 00:30:15 (91st) } \end{aligned}$ |
| M55-59 | 01:48:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:20:02 (87th) } \\ & \text { 00:20:02 (87th) } \end{aligned}$ | $\begin{aligned} & \text { 00:23:32 (87th) } \\ & \text { 00:03:30 (79th) } \end{aligned}$ | 01:19:07 (86th) 00:55:35 (85th) | $\begin{aligned} & \text { 01:21:40 (88th) } \\ & \text { 00:02:33 (90th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:38 (88th) } \\ & \text { 00:26:58 (75th) } \end{aligned}$ |
| F40-44 | 01:50:34 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:17:23 (67th) } \\ & \text { 00:17:23 (67th) } \end{aligned}$ | 00:20:28 (63rd) 00:03:05 (73rd) | 01:19:09 (87th) 00:58:41 (90th) | $\begin{aligned} & \text { 01:20:59 (87th) } \\ & \text { 00:01:50 (85th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:34 (89th) } \\ & \text { 00:29:35 (88th) } \end{aligned}$ |
| F35-39 | 01:52:28 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:19:01 (81st) } \\ & \text { 00:19:01 (81st) } \end{aligned}$ | 00:23:27 (86th) 00:04:26 (92nd) | 01:22:34 (90th) 00:59:07 (91st) | $\begin{aligned} & \text { 01:23:23 (90th) } \\ & \text { 00:00:49 (29th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:28 (90th) } \\ & \text { 00:29:05 (86th) } \end{aligned}$ |
| F20-24 | 01:52:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:18:10 (71st) } \\ & \text { 00:18:10 (71st) } \end{aligned}$ | 00:22:22 (82nd) 00:04:12 (90th) | 01:26:43 (93rd) 01:04:21 (94th) | $\begin{aligned} & \text { 01:27:20 (92nd) } \\ & \text { 00:00:37 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:59 (91st) } \\ & \text { 00:25:39 (65th) } \end{aligned}$ |
| F20-24 | 01:54:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:19:58 (84th) } \\ & \text { 00:19:58 (84th) } \end{aligned}$ | 00:24:25 (91st) 00:04:27 (93rd) | $\begin{aligned} & \text { 01:25:34 (92nd) } \\ & \text { 01:01:09 (93rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:11 (91st) } \\ & \text { 00:00:37 (16th=) } \end{aligned}$ | 01:54:26 (92nd) 00:28:15 (82nd) |
| M55-59 | 01:58:07 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:27:03 (95th) } \\ & \text { 00:27:03 (95th) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:03 (95th) } \\ & \text { 00:05:00 (94th) } \end{aligned}$ | 01:25:13 (91st) 00:53:10 (80th) | $\begin{aligned} & \text { 01:27:55 (93rd) } \\ & \text { 00:02:42 (93rd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:07 (93rd) } \\ & \text { 00:30:12 (90th) } \end{aligned}$ |
| M20-24 | 01:59:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:13:09 (16th) } \\ & \text { 00:13:09 (16th) } \end{aligned}$ | 00:20:34 (66th) 00:07:25 (96th) | $\begin{aligned} & \text { 01:27:29 (94th) } \\ & \text { 01:06:55 (95th) } \end{aligned}$ | ------ | 01:59:31 |
| F65-69 | 02:07:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:30:38 (96th) 00:30:38 (96th) | 00:33:18 (96th) 00:02:40 (62nd) | 01:32:42 (95th) 00:59:24 (92nd) | $\begin{aligned} & \text { 01:33:12 (94th) } \\ & 00: 00: 30 \text { (5th=) } \end{aligned}$ | $\begin{aligned} & \text { 02:07:28 (94th) } \\ & \text { 00:34:16 (95th) } \end{aligned}$ |

Sprint Team

Pos Name Category Time Start 1 Swim 2 Transition 3 Bike 4 Tranistion Run

Super Sprint

| Pos | Name | Category | Time | Start | 1 Swim | 2 Transition | 3 Bike | 4 Tranistion | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Sam Arnold | M30-34 | 00:43:27 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:06:36 (3rd) } \\ & \text { 00:06:36 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:08:02 (3rd) } \\ & \text { 00:01:26 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:02 (3rd) } \\ & \mathbf{0 0 : 2 4 : 0 0} \text { (1st=) } \end{aligned}$ | $\begin{aligned} & \text { 00:32:36 (3rd) } \\ & 00: 00: 34(3 \mathrm{rd}=) \end{aligned}$ | $\frac{00: 43: 27}{00: 10: 51}\left(\frac{1 \mathrm{st}}{(3 \mathrm{rd}}=\right)$ |
| 2nd | Jess Fitzwarren Lymington Triathlon Club | F25-29 | 00:43:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:06:04 (1st) } \\ & \underline{00: 06: 04 ~(1 s t) . ~} \end{aligned}$ | $\frac{00: 07: 21}{00: 01: 17}(1 \mathrm{st})$ | $\begin{aligned} & 00: 31: 21 \text { (1st) } \\ & 00: 24: 00 \text { (1st=). } \end{aligned}$ | $\frac{00: 32: 17}{00: 00: 56} \text { (10th) }$ | $\begin{aligned} & \text { 00:43:47 (2nd) } \\ & \text { 00:11:30 (6th) } \end{aligned}$ |
| 3rd | Helen Wainwright | F55-59 | 00:45:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:06:27 (2nd) } \\ & \text { 00:06:27 (2nd) } \end{aligned}$ | 00:07:35 (2nd) 00:01:08 (1st) | 00:31:43 (2nd) 00:24:08 (3rd) | $\frac{00: 32: 17}{00: 00: 34}(\underline{(1 \mathrm{st}}=)$ | $\begin{aligned} & \text { 00:45:00 (3rd) } \\ & \text { 00:12:43 (13th) } \end{aligned}$ |
| 4th | Matthew Cafferky <br> Lymington Tri Club / New Forest Cycle Club | M35-39 | 00:47:11 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:08:15 (6th) } \\ & \text { 00:08:15 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:09:38 (5th) } \\ & 00: 01: 23 \text { (3rd) } \end{aligned}$ | 00:35:39 (4th) 00:26:01 (9th=) | $\begin{aligned} & \text { 00:36:24 (4th) } \\ & 00: 00: 45 \text { (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:47:11 (4th) } \\ & 00: 10: 47 \text { (2nd) } \end{aligned}$ |
| 5th | Joanna Ward Team 9 Endurance | F50-54 | 00:48:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:07:38 (4th) } \\ & \text { 00:07:38 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:09:33 (4th) } \\ & \text { 00:01:55 (6th) } \end{aligned}$ | 00:36:15 (5th) 00:26:42 (12th) | $\begin{aligned} & \text { 00:37:22 (5th) } \\ & \text { 00:01:07 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:55 (5th) } \\ & \text { 00:11:33 (7th) } \end{aligned}$ |
| 6th | Emily Tabb | F30.34 | 00:49:25 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:10:22 (18th) } \\ & \text { 00:10:22 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:12:23 (11th) } \\ & \text { 00:02:01 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:10 (9th) } \\ & 00: 25: 47 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:34 (8th) } \\ & \underline{00: 00: 24 ~(1 s t) ~} \end{aligned}$ | $\begin{aligned} & \text { 00:49:25 (6th) } \\ & 00: 10: 51(3 \mathrm{rd}=) \end{aligned}$ |
| 7th | Anita Kelly | F50-54 | 00:50:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:08:19 (7th) } \\ & 00: 08: 19 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 00:10:40 (6th) } \\ & \text { 00:02:21 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:43 (7th) } \\ & \text { 00:27:03 (15th) } \end{aligned}$ | 00:38:11 (7th) 00:00:28 (2nd) | $\begin{aligned} & \text { 00:50:29 (7th) } \\ & 00: 12: 18 \text { (9th) } \end{aligned}$ |
| 8th | Emily Scott | F30-34 | 00:50:53 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:10:33 (19th) } \\ & \text { 00:10:33 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:12:13 (10th) } \\ & \text { 00:01:40 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:02 (8th) } \\ & 00: 25: 49 \text { (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:42 (9th) } \\ & 00: 00: 40 \text { (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:53 (8th) } \\ & 00: 12: 11 \text { (8th) } \end{aligned}$ |
| 9th | James Robertson | M40-44 | 00:50:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:08:56 (9th) } \\ & \text { 00:08:56 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 00:11:17 (8th) } \\ & \text { 00:02:21 (9th=) } \end{aligned}$ | 00:38:25 (10th) 00:27:08 (16th) | $\begin{aligned} & \text { 00:39:33 (10th) } \\ & \text { 00:01:08 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:54 (9th) } \\ & \text { 00:11:21 (5th) } \end{aligned}$ |
| 10th | Ross Cruse | M50-54 | 00:51:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:07:55 (5th) } \\ & \text { 00:07:55 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:11:19 (9th) } \\ & \text { 00:03:24 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 00:36:33 (6th) } \\ & \text { 00:25:14 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 00:37:44 (6th) } \\ & \text { 00:01:11 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:01 (10th) } \\ & \text { 00:13:17 (16th) } \end{aligned}$ |
| 11th | John Hall | M50-54 | 00:51:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:09:34 (11th) } \\ & \text { 00:09:34 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:48 (18th) } \\ & \text { 00:04:14 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:05 (13th) } \\ & \text { 00:25:17 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 00:40:48 (13th) } \\ & \text { 00:01:43 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:51:04 (11th) } \\ & \underline{00: 10: 16 ~(1 s t) . ~} \end{aligned}$ |
| 12th | Meghan Claridge Hardly Runners | F20-24 | 00:52:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:08:53 (8th) } \\ & \text { 00:08:53 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:11:07 (7th) } \\ & 00: 02: 14 \text { (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:36 (11th) } \\ & \text { 00:27:29 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:37 (11th) } \\ & \text { 00:01:01 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:12 (12th) } \\ & \text { 00:12:35 (12th) } \end{aligned}$ |
| 13th | Kevin Kelly | M55-59 | 00:52:20 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:10:21 (17th) } \\ & \text { 00:10:21 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 00:12:43 (12th) } \\ & \text { 00:02:22 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:38:44 (12th) } \\ & \text { 00:26:01 (9th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:48 (12th) } \\ & \text { 00:01:04 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:52:20 (13th) } \\ & 00: 12: 32 \text { (10th=) } \end{aligned}$ |
| 14th | Martyn Ford | M40-44 | 00:53:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:10:01 (15th) } \\ & \text { 00:10:01 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:14:05 (19th) } \\ & \text { 00:04:04 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:39:35 (14th) } \\ & \text { 00:25:30 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 00:41:08 (14th) } \\ & 00: 01: 33 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:53:40 (14th) } \\ & \text { 00:12:32 (10th=) } \end{aligned}$ |
| 15th | Stephen Bayley | M60-64 | 00:56:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 12: 45(21 \mathrm{st}=) \\ & 00: 12: 45(21 \mathrm{st}=) \end{aligned}$ | $\begin{aligned} & \text { 00:15:38 (20th) } \\ & \text { 00:02:53 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:42:17 (15th) } \\ & \text { 00:26:39 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 00:43:06 (15th) } \\ & \text { 00:00:49 (7th) } \end{aligned}$ | 00:56:18 (15th) 00:13:12 (15th) |
| 16th | Melvin Randall | M55-59 | 00:58:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:10:14 (16th) } \\ & \text { 00:10:14 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:36 (17th) } \\ & \text { 00:03:22 (17th) } \end{aligned}$ | 00:42:24 (16th) 00:28:48 (18th) | $\begin{aligned} & \text { 00:44:23 (16th) } \\ & \text { 00:01:59 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:24 (16th) } \\ & \text { 00:14:01 (18th) } \end{aligned}$ |
| 17th | Sarah Ford | F40-44 | 00:58:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:10:00 (14th) } \\ & \text { 00:10:00 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:34 (16th) } \\ & \text { 00:03:34 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:43:59 (17th) } \\ & \text { 00:30:25 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:06 (19th) } \\ & \text { 00:01:07 (16th=) } \end{aligned}$ | $\begin{aligned} & \text { 00:58:45 (17th) } \\ & \text { 00:13:39 (17th) } \end{aligned}$ |
| 18th | Alex Godby | M30-34 | 00:59:52 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:09:56 (13th) } \\ & \text { 00:09:56 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:27 (15th) } \\ & \text { 00:03:31 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:09 (19th) } \\ & \text { 00:30:42 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:02 (18th) } \\ & \text { 00:00:53 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:52 (18th) } \\ & \text { 00:14:50 (20th) } \end{aligned}$ |
| 19th | Helen Godby | F30-34 | 00:59:53 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:09:55 (12th) } \\ & \text { 00:09:55 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:13:14 (14th) } \\ & \text { 00:03:19 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:05 (18th) } \\ & \text { 00:30:51 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:00 (17th) } \\ & \text { 00:00:55 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 00:59:53 (19th) } \\ & 00: 14: 53 \text { (21st) } \end{aligned}$ |
| 20th | Tudy Lloyd-williams | F60-64 | 01:00:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 14: 35 \text { (23rd) } \\ & 00: 14: 35 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 00:17:49 (21st) } \\ & \text { 00:03:14 (14th) } \end{aligned}$ | 00:44:42 (21st) 00:26:53 (14th) | $\begin{aligned} & \text { 00:46:03 (21st) } \\ & \text { 00:01:21 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:00:47 (20th) } \\ & \text { 00:14:44 (19th) } \end{aligned}$ |
| 21st | Adam Wheldon | M40-44 | 01:01:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:09:31 (10th) } \\ & \text { 00:09:31 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 00:12:47 (13th) } \\ & \text { 00:03:16 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 00:44:12 (20th) } \\ & \text { 00:31:25 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 00:45:50 (20th) } \\ & \text { 00:01:38 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:01:04 (21st) } \\ & \text { 00:15:14 (22nd) } \end{aligned}$ |
| 22nd | Steve Johnson | M30.34 | 01:03:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:19:33 (25th) } \\ & \text { 00:19:33 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 00:22:08 (25th) } \\ & \text { 00:02:35 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 00:48:54 (22nd) } \\ & \text { 00:26:46 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 00:50:48 (22nd) } \\ & 00: 01: 54 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:03:57 (22nd) } \\ & \text { 00:13:09 (14th) } \end{aligned}$ |
| 23rd | Melia Crawford | F25-29 | 01:08:11 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 12: 45(21 \mathrm{st}=) \\ & 00: 12: 45(21 \mathrm{st}=) \end{aligned}$ | $\begin{aligned} & \text { 00:18:26 (22nd=) } \\ & \text { 00:05:41 (24th) } \end{aligned}$ | $\begin{aligned} & 00: 51: 23(23 \mathrm{rd}=) \\ & 00: 32: 57(23 \mathrm{rd}=) \end{aligned}$ | $\begin{aligned} & \text { 00:52:29 (23rd=) } \\ & \text { 00:01:06 (13th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:08:11 (23rd) } \\ & \text { 00:15:42 (23rd) } \end{aligned}$ |
| 24th | Nathan Bayley | M25-29 | 01:08:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:12:44 (20th) } \\ & \text { 00:12:44 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 00:18:26 (22nd=) } \\ & 00: 05: 42 \text { (25th) } \end{aligned}$ | $\begin{aligned} & 00: 51: 23(23 \mathrm{rd}=) \\ & 00: 32: 57(23 \mathrm{rd}=) \end{aligned}$ | $\begin{aligned} & 00: 52: 29(23 \mathrm{rd}=) \\ & 00: 01: 06(13 \mathrm{th}=) \end{aligned}$ | $\begin{aligned} & \text { 01:08:14 (24th) } \\ & \text { 00:15:45 (24th) } \end{aligned}$ |
| 25th | Jane Lancaster | F60-64 | 01:16:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:15:19 (24th) } \\ & 00: 15: 19 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 00:19:51 (24th) } \\ & \text { 00:04:32 (23rd) } \end{aligned}$ | 00:58:09 (25th) 00:38:18 (25th) | $\begin{aligned} & \text { 00:59:15 (25th) } \\ & \text { 00:01:06 (13th }=) \end{aligned}$ | $\begin{aligned} & \text { 01:16:52 (25th) } \\ & \text { 00:17:37 (25th) } \end{aligned}$ |

Super Sprint Team
Pos Name Category Time Start 1 Swim 2 Transition 3 Bike 4 Tranistion Run

